



45C Post Office Park, Wilbraham, Massachusetts 01095 • www.WilbrahamRec.com

THE WILBRAHAM WHISTLE: E-Newsletter ... JUNE 2021

Our goal is to keep you informed of important information on a monthly basis. For more details on all our family friendly programs, visit www.WilbrahamRec.com or visit Facebook: [Wilbraham Parks & Recreation Department](#)

SUMMER ACTIVITIES: Many of your favorites are back, with some exciting new options! Visit WilbrahamRec.com for more program details and to register! Some programs are getting close to being full!

Edge Soccer Academy - The EDGE Summer Soccer Camp is focused on providing boys and girls of all ages & ability levels an opportunity to improve their technical skills and tactical awareness. Players will learn fundamental techniques, concepts and ideas of the game, while also improving their coordination and level of fitness

Softball Clinic - Join 413ATC for their Skills Clinic. We'll review your hitting (correct swing, improving your technique). Our approach to working on pitching is based on skill level, instilling the basics in beginners and working on techniques for experienced pitchers. Develop proper mechanics for fielding (throwing from the infield versus outfield positions).

Youth Speed & Agility Training - TFP Performance (TFP) teaches the proper way to run fast, jump high and far, and change direction quickly and efficiently. Maximize your performance and reduce the risk of future injury by training right with Team Feit! All athletes will receive sport psychology and nutrition handouts as well as a TFP t-shirt.

Summer Falcon Football - Learn the basics and improve your skills with Will Nickerson, head MRHS football coach with lots of experience teaching this all-American sport. A fun environment to learn and improve. Register early!

Junior Golf at CC of Wilbraham - This instructional program will provide a golfing experience that is safe and enjoyable. Junior Golf is taught by a Professional who is knowledgeable and teaches a well rounded approach.

Circuit Lab - Circuit Lab programs give kids the opportunity to create devices by blending technical concepts with hands-on experimentation in a creative environment. Each class session begins with a brief conceptual overview before launching into an interactive, hands-on activity.

Gold Star Soccer - This program focuses on individual technical & tactical skills, group play along, speed & agility, and individual ball handling skills. Your child will become comfortable and confident with the soccer ball while raising their self esteem!

Incrediflix - Incrediflix Summer programs are all about the fun and excitement of making movies! Children will work in age appropriate groups and go through all of the steps that Hollywood producers go through from "Action" to "That's a Wrap!" Programs focus on creativity, cooperation, and fun, fun, fun! Your child will be a real filmmaker and will have a movie they created to prove it.

Valley Blue Sox Baseball Clinic - Participants will hone their hitting, pitching and fielding skills with instruction from Valley Blue Sox players and coaches!

Play-Well LEGO - Build problem-solving skills, provide an opportunity for creative expression, foster a greater appreciation of how things work, encourage the qualities of inquisitiveness, self reliance, and self confidence in children. This is done in the context of fun-filled engineering and architectural projects, activities that both the children and the instructors enjoy!

Chess Wizards - A typical day at Chess Wizards' summer program will include exploring a technical chess concept, a healthy snack, and fun group challenges which hone in on specific chess thinking patterns.

FALL SPORTS REGISTRATION DATES: Register before summer gets too BUSY!

Falcon Youth Football (Gr. 3-8)- Registration is underway for the Falcon Youth Football program. "Early-Bird" registration ends May 31, regular registration takes place June 1-July 18. Player registration will take place online only at WilbrahamRec.com. Late registration will be accepted July 19 – August 1, along with a late fee. Practice begins the first week in August.

Rec Soccer (Gr. Pre-K - 8) - All levels of play are welcome from Wilbraham, ages 4 through grade 8. The WPRD fall soccer program is open to Wilbraham and Wilbraham school-choice students who are not playing in a competitive soccer league. Hampden residents and Non-Wilbraham residents will be allowed to join our grades 7/8 program. **Registration starts June 1.**

Field Hockey (Gr. 3 - 8) - Come play the great game of field hockey! This program is for a beginner or experienced player. We will cover stick work and individual skills, offensive and defensive techniques, footwork and tactical game situations. **Registration starts June 1.**

Flag Football (Ages 5 1/2 - 8) - Come join the fun! This is a non-contact flag football program with instruction in running, passing, blocking techniques, punting and kicking. **Registration starts July 27.**

THINK SUMMER AND SUNSHINE! SPEC POND BEACH/AMY'S SPARKLE PARK

2021 Dates of Operation: June 19-August 15. Season Passes on sale online at WilbrahamRec.com May 4 - June 15.

Your pass gives you unlimited visits all summer long! If you have been an official coach in a WPRD Fall 2020 through Spring 2021 sports program, stop by the WPRD Office for a 50% discount off a family membership....we appreciate our coaches!